

# Trusting is hard...

## THE MESSAGE CONNECT

The Message Connect is a devotion that goes deeper into Sunday morning's message, intentionally connecting it to our lives throughout the week. Through a 15-20 minute video and discussion guide, we challenge everyone to go deeper in their faith because we believe growing people change for God's glory and their God-honoring life purpose.

### WEEK THREE: TRUST VS. WORRY

Go online to [ringgoldchurch.com/themessageconnect](http://ringgoldchurch.com/themessageconnect) to watch this week's Message Connect video.

#### Key Scriptures:

Philippians 4:4-9; Hebrews 4:14-16; Psalm 56:3

#### Next Steps:

**1. Start Talking.** Find a conversation starter for your group.

What's the wackiest belief you held as a child?

**2. Start Thinking.** Ask a thoughtful question.

What did you learn about God from the message this week?

**3. Start Sharing.** Here are questions to help you dig deeper into God's Word.

Have you ever felt you were the only one who thought a certain way or was struggling with something? How did you feel when you realized you weren't alone?

In Genesis 3, humankind was deceived with the lie that God cannot be trusted. As a result, what severed relationships and tensions do you see in society today? Have you ever been fooled into believing God doesn't have your best intentions in mind?

Isolation and comparison are two devastating sin traps that we can fall into. How have they manifested themselves in your life? What are the dangers of each, and how can they be avoided?

How does social media enhance the isolation we feel and the comparisons we make? Give an example of how this has affected you personally.

Hebrews 4:14-16: God became a man in the person of Jesus Christ so He could look at you and me and say, "Me too." What does this mean to you? Does this change the way you view your situation?

Have you ever worried about what might happen next in your life? What is the antidote that Paul offers in Philippians 4:4-9? What is the difference between worry and prayer? How does each one affect our perspective, response, and ultimately the outcome?

God often uses some form of pain to clarify our purpose, purify our motives, and provide us with a clearer sense of direction. Share how you have seen this to be true.

When everything in us says to escape, God whispers for us to endure. How does the resurrection of Jesus give us hope for a better tomorrow?

**4. Start Praying.** Be bold, and pray with power.

Take some time to pray over identified action steps and life issues. Pray that God would continue to actively grow and mature you in Christ.

**5. Start Doing.** Commit to a step and live it out this week

God does some of His best work in the dark. Read Psalm 56:3. Pray that you will learn to put your trust in Him when you are faced with uncertainty and worry.

*For more information about taking the next steps in your faith, visit: [ringgoldchurch.com/nextsteps](http://ringgoldchurch.com/nextsteps).*

#### LET PASTOR DON LEAD YOUR DISCUSSION.

Pastor Don created The Message Connect video for the *Trusting Is Hard* message series. Go deeper and wider in your faith walk with us by going to [ringgoldchurch.com/messageconnect](http://ringgoldchurch.com/messageconnect).